Jet Set

SASHA LICKLE

Bahama Bound

PALM BEACHER SASHA LICKLE'S HOME AWAY FROM HOME IS ON HER FAMILY'S 38-FOOT BOBBY GRAVES SPORTFISH BOAT IN THE BAHAMAS, WHICH SHE HAS BEEN VISITING SINCE SHE WAS A BABY WHILE THE LICKLES ARE AVID DIVERS, SPEAR FISHERMEN AND ANGLERS, SASHA ALSO TOOK AN INTEREST IN SHELL COLLECTING, WHICH INSPIRED HER TO LAUNCH SASHA LICKLE DESIGNS, A LINE OF HANDMADE JEW-ELRY CRAFTED FROM BAHAMIAN SHELLS. MORE THAN ANYTHING, THOUGH, SASHA LOVES FREQUENTING THE ISLANDS TO ENJOY THE STRESS-FREE, BAHAMIAN WAY OF LIFE AND SENSE OF COMMUNITY.

VIBE: Relaxing

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SOUNDTRACK: Perfect Day by Jim Jones

BEST TIME TO GO: July/August. The ocean is about 85 degrees and calm, lobster is in season and the blue marlin bite is decent.

WHERE TO STAY: Green Turtle Club Resort and Marina in Abaco or Staniel Cay Yacht Club in the Exuma Cays (greenturtle club.com, stanielcay.com)

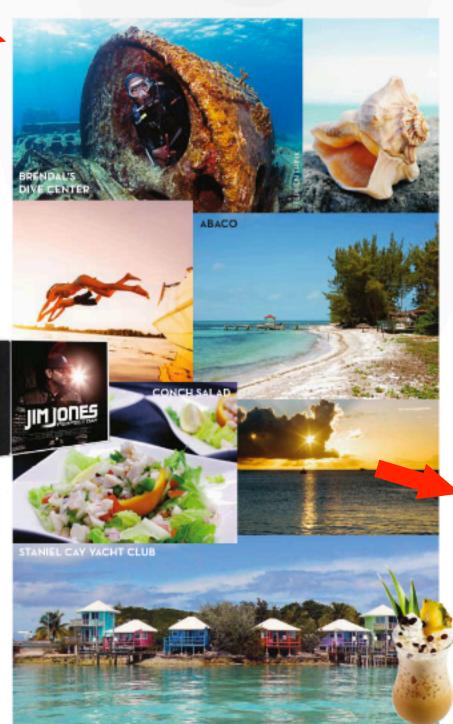
BEST WAY TO START THE DAY:

Waking up to the beautiful sunrise and jumping off the back of the boat for a morning swim

BEST BITE: The conch at Green Turtle Club is excellent, whether it comes in the form of conch fritters, cracked conch or conch salad.

UNWRITTEN RULE THE LO-CALS LIVE BY: Help each other, and be friendly.

BEST SEAT IN TOWN: On the gunwale of any boat or sitting at the end of a dock at sunset



LOCAL DISH TO DREAM ABOUT:

Lobster you catch and boil 20 minutes later, soak in butter and wrap in a piece of fresh Bahamian bread

BEST WAY TO SPEND A FREE MORNING: Fishing, spear fishing or walking the beach

GUILTY PLEASURE: The conch salad and Pirate's Passion cocktail at Pineapples Bar and Grill in Abaco (othershoreclub.com)

SHELL TO COLLECT: Green limpet shells or queen conch shells

FOR A SOLO EXPERIENCE:

Watch the sunrise or sunset.

FAMILY ACTIVITY: Snorkeling on the reefs, going to any of the blue holes or taking a diving trip through Brendal's Dive Center in Green Turtle Cay (brendal.com)

HOMETOWN GOOD TO SAM-PLE AND STOCKPILE: Bahamian bread

SIGNATURE DRINK: Bushwacker

A MUST-DO EXPERIENCE NOT IN THE GUIDEBOOKS: Take the time to chat with a local.